

Bonamana



4 Walls, 64 counts (Beginner-Intermediate)
Choreographed by Chee Kiang Lim (Singapore) June 2010
Email : monack@singnet.com.sg
Song : "Bonamana" by Super Junior (Available on iTunes)

Intro : 32 counts

TOE POINTS, STEP POINT, TOE POINTS, STEP, TOUCH

- 1-2 Point R forward, then backward
- 3-4 1/4 turn right, step R in place, point L backward
- 5-6 Point L forward, then backward
- 7-8 1/4 turn right, step L in place, touch R besides L [6]

HIP BUMPS, SIDE TOGETHER SIDE TOUCH

- 1-4 Bump hip right, left, right, left
- 5-6 Step R to right, step L besides R
- 7-8 Step R to right, touch L besides R (Jab R elbow to right)

SIDE TOGETHER SIDE TOUCH, STEP CROSS STEP CROSS

- 1-2 Step L to left, step R besides L
- 3-4 Step L to left, touch R besides L (Jab L elbow to left)
- 5-6 Step R forward, 1/4 turn left and step L across R
- 7-8 1/4 turn right and step R forward, 1/4 turn left and step L across R [3]

CROSS POINT, CROSS POINT, WALK WALK WALK, TURN

- 1-2 Cross R over L, point L to left
- 3-4 Cross L over R, point R to right
- 5-7 Walk on R, L, R
- 8 1/2 turn left (weight on R) and sit [9] *

RECOVER POINT, CROSS POINT, WALK, WALK, WALK, TURN

- 1-2 Recover on L, point R to right
- 3-4 Cross R over L, point L to left **
- 5-7 Walk on L, R, L
- 8 1/2 turn right (weight on L) and sit [3]

FUNKY WALK, JUMP OUT-IN-OUT-IN

- 1-4 Funky Walk on R, L, R, L (Palms facing up at shoulder level, on each side)
- 5-6 Jump feet out (cross hands over shoulder), jump feet in (Spread hands beside body)
- 7-8 Jump feet out (cross hands over hip), jump feet in (Spread hands above head)

TURN, SIDE TOGETHER SIDE TOUCH (X2)

- 1-4 1/4 turn right, step R forward, step L besides R, step R forward, touch L behind R
- 5-8 1/2 turn left, step L forward, step R besides L, step L forward, touch R behind L [12]
(Egyptian Walk : Palms facing up, with hands at side of body forming a letter "Z")

TURN, KNEE POPS, RECOVER, STEP TURN STEP

- 1-4 1/4 turn right and knee pops L, R, L, R
- 5-6 Recover on R, step forward on L
- 7-8 Pivot 1/2 turn on R, step L forward [9]

REPEAT

First Restart * (Wall 3 after 32 counts) : Add "&" count and step down on L
Second Restart ** (Wall 6 after 36 counts) : Add "&" count and step down on L
Ending Wall 8 : Add 5 counts - Jump Out-in-out-in-out (Thinking man Pose !)